

Call Today: (866) 862-7770

Fundamentals of Fall Protection

The hazards associated with falls in the workplace are well documented. Accidental falls rank as the second most frequent reason for accidental deaths, the first being motor vehicle accidents.

Gain a comprehensive overview of fall protection methods and industry standards, the types of equipment used along with various implementation strategies.

Learn how to interpret and comply with legislated fall protection regulations.



Not Product training!

It is important to differentiate between certified training and product training. Product training must be provided to users upon the introduction of new equipment.

The scope of Fall Protection as a concept is much more involving and requires total understanding.

This 4 hour training program is both intensive and interactive. Participants are tested on the concepts learned. Successful participants receive certification.

Who should attend:

Workers. Employees who must perform work where they are exposed to the hazard of a fall. The law requires that a person be competent in order to perform their job safely.

Supervisors, Safety Officers & HR Personnel. Persons with the responsibility of supervising the use of Fall Protection equipment and procedures must first understand the fundamentals. Proper understanding of the concepts learned will foster good planning and positive implementation.

Purchasers and Managers. Fall Protection does not always have to entail huge capital investments. Participants will learn down to earth good work practices and equipment selection.

- 1) Introduction
- 2) Definition of Fall Protection
 - Fall Prevention
 - Travel Restraint
 - Fall Arrest
- 3) Pertinent Statistics
- 4) Regulations and standards
 - Free Fall
 - Total Fall Distance
- 5) The Human Body in Falls
- 6) Personal Fall Arrest Equipment
 - Inspection
 - Care
 - Usage
 - Limitations
- 7) Fall Arrest Systems
 - Inspection
 - Certification
 - Engineering requirements
 - Limitations
- 8) Post Fall Rescue
 - Why it is required